

The ReProgram Press Kit

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George J. Murphy, PhD, is a Boston University professor, stem-cell researcher, and host of The ReProgram. His work examines regenerative medicine, exceptional longevity, and resilience to age-related disease. He helps audiences understand what aging research demonstrates, where uncertainty remains, and how discoveries in human cells might translate into future therapies.

Expertise for interviews and background

- Cellular reprogramming, cell identity, and regenerative medicine.
- Centenarians, exceptional longevity, and resilience to age-related disease.
- What human cellular models can reveal, and what clinical evidence still needs to establish.
- Interpreting longevity research: mechanisms, biomarkers, function, and health outcomes.

Selected conversations

[Cellular reprogramming and the future of rejuvenation with Jose Polo](#)

[What would count as proof of slowing human aging with Nik Schork](#)

Archival video samples

New blood cells, an older system — 31 seconds. Why new blood cells can be produced by an aging blood-making system. File: 01_Blood_New_Cells_Older_System_1080p.mp4.

Muscle and staying capable — 47 seconds. Muscle's role in metabolism, recovery, and maintaining capacity as we age. File: 02_Muscle_The_Biology_Of_Staying_Capable_1080p.mp4.

Both samples include separate transcripts and captions. They are archival commentary, not a response to subsequent news. Contact The ReProgram about editorial reuse, source footage, and interview availability. Attribution: Dr. George Murphy, host of The ReProgram.

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